

# PSAC ATLANTIC REGIONAL HEALTH and SAFETY CONFERENCE



Health and Safety  
Santé et sécurité

**November 1-3, 2013**  
**Holiday Inn Harbourview**  
**Dartmouth, Nova Scotia**

**THEME:**            *“Mental Health at Work – We Are All Affected”*

## **AGENDA**

### **FRIDAY**

- |                       |   |
|-----------------------|---|
| 5:00 p.m. – 7:00 p.m. | Registration  |
| 7:00 p.m. – 7:30 p.m. | Welcome and Opening Remarks<br>- Aboriginal Opening – Elder Thomas Christmas<br>- Sister Jeannie Baldwin, REVP Atlantic |
| 7:30 p.m. – 8:30 p.m. | Guest Presenter: Sue Marchand<br>Canadian Mental Health Association   |
| 8:30 p.m. – 9:30 p.m. | Reception – Meet & Greet  |

**Information tables will be open for viewing  
during the evening**

## **SATURDAY**

8:30 a.m. – 10:00 a.m.

Workshop # 1

- Administrative Remarks
- Mental Health
- Harrassment and Bullying

10:00 a.m. – 10: 15 a.m.

Health Break

10:15 a.m. – 12:00 p.m.

Workshop (cont'd)

12:00 p.m. - 1:30 p.m.

Lunch

1:30 p.m. – 2:30 p.m.

Workshop # 2

- Mental Health
- Harrassment and Bullying

2:30 p.m. – 2:45 p.m.

Health Break

2:45 p.m. – 4:30 p.m.

Workshop (cont'd)

## **SUNDAY**

8:45 a.m. – 9:00 a.m.

Administrative Remarks

9:00 a.m. – 9:45 a.m.

Guest Presenter: Denis St-Jean  
National Canadian Standard  
Psychological Health & Safety in  
the Workplace

9:45 a.m. – 10:15 a.m.

Health Break

10:15 a.m. – 11:45 a.m.

Guest Speaker: Stéphane Grenier

11:45 a.m. – 12:00 p.m.

Aboriginal Closing  
Closing Remarks  
Participants' Feedback