

Workshop Information

Navigating Your Way: A worker's guide to workers' compensation in Nova Scotia

The workers' compensation system is a complex one that uses legal and medical terms. This means that sometimes workers have difficulty getting the benefits they deserve. This workshop will help you navigate your way through the system.

This workshop is about advocating for health and safety in the workplace so that workers, including those facing literacy and language challenges, have access to the information they need to work safely. The workshop will draw on your knowledge and experience of health and safety and the Workers' Compensation system, as well as introduce new information and materials.

In this workshop you will increase your understanding of the Workers' Compensation System in Nova Scotia and how to access it. You will learn:

- About the history of Workers' Compensation in Canada
- When an injury is eligible for compensation
- How to file a claim
- About worker and employer obligations
- How to calculate earnings
- The organizational structure of the Workers' Compensation Board of Nova Scotia

Workshop location: Annapolis Valley Labour Council Office
362 Main Street, Kentville

Dates & Times: Oct. 18: 6:00 pm - 9:00 pm
Oct. 19: 9:00 am - 4:00 pm

Please note: lunch is not included.

Registration fees: \$75
Injured workers on full disability: fees waived

Please make cheques payable to: **Nova Scotia Federation of Labour.**
We regret that we cannot issue refunds after October 4.

Registration Deadline: October 4, 2013

To register complete the attached registration form for each participant.

Registration Form

Navigating Your Way: A worker's guide to Workers' Compensation in Nova Scotia

Annapolis Valley Labour Council Office
362 Main Street Kentville, NS B4N 1K8

October 18-19, 2013

Name: _____

Mailing Address:

Phone: _____

Email: _____

Union & Local #: _____

Registration: \$75.00

Injured workers on full disability: fees waived

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Send completed registrations for each participant to:

The Office of the Worker Counsellor

220-3700 Kempt Road

Halifax, NS

B3K 4X8

Phone: 1-902-455-5455 or toll-free 1-877-220-2722.

Fax: 902-455-5649

Registration Deadline: October 4, 2013

Need more information? Contact us:

Caitlin: 902.455.5455 Toll-free: 1.877.220.2722

Email: cparkins@workercounsellor.ca